

2020 FSCI Player & Parent Guidelines for Covid 19

Effective July 1, 2020 in accordance with State of Virginia Phase III Guidelines

If a player thinks he or she is sick, please stay home.

If a coach, administrator, or official has a concern about a player's health, he or she has the authority to send the player home.

Players should only plan to attend during their specific practice times.

Parents and spectators must follow government physical distancing guidelines. If parents wish to watch practice, they must maintain adequate physical distance from all attendees at all times. Parents should remain at least 10 feet away from the designated playing or training area. This includes marked fields and unmarked surfaces.

Wash hands thoroughly before and after all activities.

Equipment should be disinfected before and after each training.

Ensure the player's clothing is washed after every activity.

Soccer balls should not be held in the hands by any player with the exception of goalkeepers with gloves on.

Player's water and personal equipment should not be shared and should be placed at least 10 feet apart to ensure breaks are also properly distanced.

Ensure your child has plenty of water.

Hand sanitizer should be used by each player before, during, and after training.

Teams entering fields for training should wait until players from previous practice have left.

Notify FSCI and your coach if your child becomes ill for any reasons.

These guidelines are in place to minimize risk to your players and your families. We thank you for following them.