

2020 FSCI Equipment Protocol

Effective July 1, 2020 in accordance with State of Virginia Phase III Guidelines

Player Equipment List

All players must have each piece of equipment ready and available to show at check-in sites for all trainings and games.

Players missing any piece of equipment or not following protocol will not be permitted to practice.

Players should have their equipment out and observable at check-in sites before departing vehicles.

1. Cleats - Cleats should be worn before departing the vehicle. No exchange of shoes outside the vehicle is allowed.
2. Shin guards - Shin guards should be worn before departing the vehicle. Players should not put on or remove shin guards outside of the vehicle at any time.
3. Ball - All players must bring their own soccer ball. No sharing or borrowing of soccer balls is allowed.
4. Water bottle - All players must have their own water bottle with plenty of water. No sharing of bottles is allowed.
5. Sanitizer - All players must have their own bottle/supply of sanitizing solution with 60% or more alcohol.
6. Jerseys - All players should be wearing their official practice jersey and shorts when arriving at training. Players must also have their alternate game jersey at every practice.

Additional Requirements for Indoor and Classroom Sessions

1. Masks - All players must have a mask or similar appropriate facial covering.
2. Notebooks and pencils/pens - All players must have their own notebooks and writing utensils.

These protocols are in place to minimize risk to your players and your families. No exceptions will be made.