



Coaching Disclaimer Agreement

Coaching is the process of improving the performance of athletes. Specifically, this entails the process of improving athletes thru various activities in the areas of technical skills, decision making, physical conditioning, and mental skills. These four areas are a normal part of coaching in all sports. FSCI coaches perform coaching activities in their normal interactions with each player. A coach must be able to work with athletes in all four areas without exception as all four areas are interwoven.

It is understood that all sports coaches, including FSCI coaches, perform mental skills training to various degrees. Mental skills training is ingrained in coaching. Without mental skills training, coaching ceases to exist and by extension the program cannot exist.

FSCI reserves the right to employ coaches that have expertise in mental skills training including an individual designated as the Director of Mental Performance. Mental skills training does not constitute the practice of psychology or psychotherapy. FSCI coaches or employees are not licensed therapists or licensed psychologists.

Mental skills training will be performed at the location of the soccer practice or game with small groups or entire teams. Mental skills training requires asking a child personal questions related to performance. A child will learn mental skills training techniques.

Any private one on one meetings will require a separate consent form outside of this agreement.

You acknowledge that you have the authority to consent to your child's participation with all areas of coaching including mental skills training. You understand that the coaches or Director of Mental Performance will share information with you, or others obtained during interactions with your child. You may speak with the coaches or Director of Mental Performance regarding these interactions as appropriate.

Parent / Guardian Printed Name

Parent / Guardian Printed Name
